

MONDAY A.M.

MINDFULNESS AND MOVEMENT (NEW GROUP)

Alternate weeks, starting 2nd week of each term (alternating with Mindfulness Meditation); 11:15 – 12:15;
The Reef Youth and Community Centre, Colehill;
Fiona Chapman, 07766 671398, fiochapman@aol.com

Move gently, breathe easily, and reconnect with your body.

This class uses simple, yoga-inspired movements combined with mindfulness to help you slow down and feel more at ease. You can choose to work on the floor or in a chair, with options given throughout – so you can move in a way that feels right for you. A refreshing way to practise mindfulness using body movement.

No experience needed. Please wear comfortable/loose clothes. Bring a yoga mat for floor work and blankets. Chairs will be available for optional chair work. Some mats will be available.

MINDFULNESS MEDITATION

Alternate weeks, starting 1st week of each term (alternating with Mindfulness and Movement); 11:15 – 12:45; The Reef Youth and Community Centre, Colehill; Fiona Chapman, 07766 671398, fiochapman@aol.com

An opportunity to explore the power of mindfulness and to practise mindfulness meditation and mindfulness-based techniques to lower your stress, boost your wellbeing as you go about your day. Suitable for beginners and those who already practice mindfulness.

The sessions are an opportunity to find out more about Mindfulness and how it can support your everyday life, peace, calm and contentment no matter how the day is going.

Each week we will enjoy

- 15 mins mindfulness meditations
- Practising moving mindful meditations
- sampling mindfulness-based exercises
- develop an understanding and discuss ways to develop a mindful approach to our days
- use some everyday mindfulness techniques to reduce stress and anxiety.

The sessions are informal and supportive to allow you to explore a range of mindfulness techniques and meditations.

Please bring cushions, blankets for your needs and wear comfortable clothes for the session.

Meditations will be seated but participants are welcome to lie down or sit on the floor during activities whatever suits your body best.

Participants will be able to use mindfulness meditations and/or mindfulness-based techniques to maintain and boost their well-being. Recorded and written meditations and techniques will be available for participants to continue their practice outside of the sessions.

WALKS (GROUP 1)

Horace and Chris Letchford, 01202 883610, dletchford@aol.com

We walk on the 1st Monday of the month, meeting at 9.50 for a 10:00 start.

The distance is approximately 5–6 miles and will cover a variety of terrains.

Lunch after the walk will be at a local pub or golf club. Information regarding each walk will be sent by email the week beforehand.

WALKS (GROUP 2; NEW GROUP)

Robin Dumbreck, 07449 967770, robin.dumbreck@btinternet.com

The walks will be on the 3rd Monday of the month, meeting at 9.50 for a 10:00 start. The distance will be between 4 and 6 miles and will cover a variety of terrains, within 20 miles of Wimborne.

Lunch after the walk will be at a local pub, golf club or café. Information regarding each walk will be sent by email the week beforehand. Other members of the group will be encouraged to suggest and lead walks.

WORLD RELIGIONS

10:30 – 12:00; Annexe, Allendale House; Mark Healy, 01202 849006

Whatever your own personal view on the subject of religion there is much to be said to having an understanding of the major religious traditions that have and continue to govern the lives of billions of human beings on this planet. Both directly and indirectly religious ideas profoundly influence world events – one only has to look at the news to see that this is the case. The aim of this course will be to present the primary ideas and phenomenology of the dominant world traditions – Judaism, Christianity, Islam, Hinduism and Buddhism with a perusal of other lesser but still significant traditions. The approach will be objective – it will not be the intention of this course to judge the efficacy of the truth claims of these traditions – but to ensure a grasp of their essence. In parallel, we will evaluate the key concepts common to all traditions from the perspective of philosophy – for example an analysis of the core idea of God etc.

I ran this course some years ago and it was very successful and I have been asked to offer it again, which I now do. My own academic background is two degrees in Philosophy and Theology and many years of teaching the same.

MONDAY P.M.

BRIDGE FOR ROOKIES (GROUP 1)

2:15 – 5:00; Lion Hotel, West Street; Tessa Cordy, tessa.cordy@talktalk.net

The group is designed to welcome those who have spent a year or so learning the modern game of bridge but want more practice or are just a bit rusty. It is a chance to play with others of a similar standard in a relaxed atmosphere. You can come without a partner.

CANASTA

2:30 – 4:30; Annexe, Allendale House; Joan de Jersey, 01202 885976

Please arrive at 2:15 so that we can start promptly at 2:30

Canasta is a card game played with 2, 3, or 4 players.

If played with 2 or 3, you each play for yourself, whereas if you play in a group of 4 you play with a partner. Beginners are welcome.

Please contact the Convenor before signing up, as there are limited places for beginners and also many different ways to play Canasta.

New members will be tutored for the first 10 weeks of the year, October till December, before joining the other members of the group.

CLASSICAL MUSIC

2:00 – 4:00; depending on the number of members, monthly or fortnightly; Members' homes; Sue Williams, contact info@wimborneu3a.org.uk

We meet monthly or fortnightly on Monday afternoons from 2:00 to 4:00. Members take turns to present a programme of classical music (usually on CDs) from their own collections.

GREENER WIMBORNE, BETTER PLANET (NEW GROUP)

Alternate weeks, starting 2nd week of each term; 12:45 – 14:45; The Reef Youth and Community Centre, Colehill; Adrian Newton, adriannewton851@gmail.com

Designed to raise awareness of environmental issues and to encourage sustainable living. The focus will be on practical things that people can do to live more sustainably, while increasing awareness of human impacts on the environment and how these can be mitigated.

ITALIAN (SELF-HELP)

1:00 – 3:00; Liberal Hall

Deirdre Bartley, 07813 263379, deirdrebartley@hotmail.com

This self-help group is for those who have a basic knowledge of Italian and want to improve their fluency and communication skills in the language and extend their appreciation and enthusiasm for Italy and all things Italian. We help and support each other with active participation from all members in a friendly informal atmosphere using a range of activities which include reading, listening, conversation practice and revision of some essential grammar.

JAZZ CLUB (NEW GROUP)

Alternate weeks, starting 2nd week of each term; 2:00 – 4:00; Convenor's home; Vic Grayson, victorgrays@gmail.com, 07443 030839

Beginning 5 Oct at the Convenor's house in Rowlands Hill (parking for 3 cars only). The course is planned, but it is very flexible and adaptable. The first session will be very important. As well as learning something about ourselves and about jazz, I hope we'll have a little fun as well. Wait and see...

LATIN REVISITED (SELF-HELP)

3:00 – 4:30; Liberal Hall; Linda Halliwell, 01202 884852

A self-help group of enthusiasts who enjoy taxing their brains, harking back to schoolday language lessons, and convincing themselves that Latin still has a relevance in today's world.

POETRY (SELF-HELP)

Monthly, 4th Monday of each month; 2:00 – 4:00; St Nicholas Church Hall, Corfe Mullen; Rachel Fleet, rfleet0162@gmail.com

We are a friendly and welcoming group of individuals who are lovers of poetry, covering a wide range of poets, topics and styles, from old to modern.

We meet once a month to read out and discuss our choices and favourites, prepared in advance.

These may occasionally include our own compositions, though the general idea is to select from the works of other poets.

No particular knowledge or expertise is required, just an interest in and an enthusiasm for the subject and a desire to extend beyond your existing realm of experience.

TUESDAY A.M.

BOOK GROUP (SELF-HELP, NEW GROUP)

Monthly, 1st Tuesday of each month; 10:00 – 12:00; Members' homes;

Janet Isaac, jisaac.sams@gmail.com

We will meet once a month, initially on a Tuesday, at 10.00 for a couple of hours. We will meet in each other's houses but members are not obliged to host if it is inconvenient. This will be a self-help group with members taking a turn at choosing a book and leading a discussion although it will be understood if anyone feels unable to do that. We will plan ahead to give members the chance of acquiring the book either by ordering from the library, downloading to Kindle etc. or buying a copy.

INTERMEDIATE SPANISH (SELF-HELP)

9:30 – 11:00; Town Hall; Jean Watts, 01202 881335
Contact John Britton, jbernardbritton47@gmail.com

This is a well-established group, working at intermediate – advanced level, whose members are striving to improve their Spanish in a relaxed and informal way.

Whilst this is a 'self-help' group, the sessions are led at least 4 times per term by 2 very experienced former Spanish teachers, using the 'Enjoy Spanish' course book. The remaining sessions are led by the group members using a variety of approaches and resources.

PHILOSOPHY WORKSHOP

11:00 – 1:00; Town Hall; Mike Williams, 01202 882702 and Nigel Allman, nbsallman@yahoo.co.uk

This isn't a classical Philosophy group, but what we do is have lively philosophical discussions centred around themes in the fields of Economics, Ethics, Politics, Psychology, Religion, and Society. Each specific theme usually has some relevance to issues of today's world and living. We use AI as a research tool and the basis for discussion documents.

Before the beginning of each Term a scheduled list of Philosophy Themes is produced and circulated via email, and subsequently the relevant discussion documents are circulated via email before its weekly session.

New members are warmly welcomed into the group, not least because they bring their own take on the world around us.

TABLE TENNIS (GROUP 1)

10:15 – 12:15; Colehill Sports and Social Club; Frankie Whitford, 01202 880488

This is a social, non-competitive group. Members of all abilities, from beginners to the more advanced, are very welcome.

TUESDAY P.M.

CREATIVE WRITING (NEW GROUP)

Alternate weeks, starting 1st week of each term; 2:30 – 4:30; Convenor's home; Anne Peterson, 07855 464647, annascanna.p@gmail.com

All types of creative writing, eg novel, poetry, memoir etc, whether just beginning or on a final draft. We will be looking at individual styles, as well as structure, characters, motives and plots.

CRYPTIC CROSSWORD SOLVERS

2:00 – 3:30; Convenor's home; Lynda Lake, 01202 887973

We take Cryptic Crosswords from a number of sources and try and eventually succeed in solving them. We usually try to do as much of the crosswords as individuals and then fill in the gaps together and get great amusement when we realise that we were going in the wrong direction! Some of us are good at anagrams, others have inspired guesses!

CURRENT AFFAIRS

2:00 – 4:00; Town Hall; Nick Hollingworth, 07879 580789, n_hollingworth@yahoo.com

"The price good men pay for indifference to public affairs is to be ruled by evil men*." – Plato*

We meet weekly during term time to vent our spleens and voice our opinions on a variety of current topics from grand global traumas, national debates and local issues. Everyone's opinions are equally valid and respected although we don't tend to get too heavy with party politics

While not being able to solve the world's problems or even the potholes in our street, we usually go away having thought more about our soapbox topics and other angles or issues that we might not have considered.

*[*and women]*

TABLE TENNIS (GROUP 2)

12:30 – 2:00; Colehill Sports and Social Club;
Beryl Sargent, 07590 755032, beryl_sargent@msn.com
A social group, people of all abilities and experience welcome.

TABLE TENNIS (GROUP 3)

2:15 – 4:15; Colehill Sports and Social Club;
Tony Richards, 07531 233421, tonyprichards@gmail.com
This is a social, active and competitive group for all abilities.

TAI CHI

12:45 – 2:00; St. Nicholas Church Hall, Corfe Mullen; Sue Cichocki, 07799 273488

This group practises Tai Chi Chaun (Yang Style), which is a martial art from China that is practised worldwide for gentle exercise, health and wellbeing benefits. The class incorporates four elements: warm up, stretching, the Tai Chi form and relaxation, all accompanied by a suitable piece of music. This is an advanced class and only suitable for those who have completed a Tai Chi Chaun instruction course and practised it for at least 3 years.

TAI CHI WORKSHOP (SELF-HELP)

2:30 – 3:30; Wimborne Family Hub; Geraldine Fradgley, 01202 874483

We welcome anyone who is familiar with the benefits of Tai Chi, and has learned the basic form, whether you have learned this in Wimborne or elsewhere. The workshop does not involve formal teaching and it does not matter if you have mastered the form totally, or if you do not feel fully confident of the moves, as we all help any members who are having problems with any part. We are a light-hearted group and if we decided we want to try some new aspect of Tai Chi, we work at it together.

YOGA (GROUPS 1 & 2)

Alternate weeks, Group 1 starts 1st Tuesday and Group 2 starts 2nd Tuesday of each term; 3:00 – 4:00; Wesley Hall, Wimborne Methodist Church; Sarah Thacker, 07887 421733, sarahthacker@hotmail.co.uk

A Restorative relaxing yoga, incorporating breath work, stretch, core, balance and relaxation. This class is suitable for every one! Beginners, and the more experienced, those with injuries and medical issues. You can do gentler poses, or deeper poses. You do not need to be flexible to do this class. You will be warmly welcomed. Please bring a mat with you.

Unlike our other u3a groups, because we have had to hire a Yoga instructor, group members will have to pay £2 per session, with a term's payment up front.

TUESDAY EVENING

QUIZ NIGHT

Monthly, 1st Tuesday of each month; 7:15 for 7:30 start; Royal British Legion; Helen Taylor, helent3447@gmail.com

Fun Evening and chance to test your knowledge. £1 for members and £2 for non-members. Maximum number per team is 6. Enter as a team or join one on the night. Maximum 50 people. This group will not be running in January 2027.

WEDNESDAY A.M.

ANCESTRY (NEW GROUP)

10:15 – 11:15; Alec Moore Room, St Michael's Church Centre, Colehill; Richard Knott, 07745 071512, rjk166@outlook.com

This two term (Autumn and Spring) course will provide you with the basic skills to trace your own family tree, starting with the assumption that you know nothing. The emphasis will be firmly on English/Scottish records and where to find/use them, although resources on other countries will feature.

If there is demand, a shorter version of the course could also be run in the Summer term.

BADMINTON FOR BEGINNERS AND IMPROVERS

Alternate weeks, starting 2nd week of each term; 9:15 – 12:00; Colehill Village Hall; Penny Greengrove, 07772 793954, pennyfarthing103@gmail.com
Alex Wood, 07769 793165, wimusec20@gmail.com

For beginners, returners and improvers. All you need is a racquet, suitable footwear, hand-eye co-ordination and the ability to move around the court smartly. Maximum 20 Players.

BALLROOM AND LATIN DANCE

11:00 – 12:00; The Reef Youth and Community Centre, Colehill
Heather Lowe, 07765 833289, heather.lowemail@gmail.com

Do you fancy learning how to do more than a disco "shuffle" on the dance floor or brushing up on dance steps? Then join this gentle, light-hearted and fun class to cover the basics of ballroom and latin dance steps. We will include steps suitable for complete beginners.

Support from a dance professional may be available. Everyone is welcome.

BRIDGE FOR ROOKIES (GROUP 2)

9:30 – 12:00, St. Nicholas Church Hall, Corfe Mullen
Jenness Hathrill, 07940 822706, hathrill@talktalk.net

The group is designed to welcome those who have spent a year or two learning the modern game but want more practice or are just a bit rusty. It's a chance to play with others of a similar standard. You can come without a partner.

DISCOVERING WESSEX

The group meets fortnightly at the Town Hall (11:00 – 12:50) starting 1st Wednesday of each term, with an outing the following week

Sue Williams, contact info@wimborneu3a.org.uk

A friendly group interested in exploring the local area. Town Hall planning meetings alternate with visits to places of interest.

Members take turns to plan, arrange and present all aspects of a trip. Dates, venues, distances and times are negotiated and added to our schedule of outings.

We've visited historical buildings and sites, various organisations including commercial, charitable and creative, museums, churches, cathedrals and gardens to name a few. Most are within 15 miles of Wimborne, requiring transport. Talks and guided tours are often involved. Visits may involve walking distances, inclines, stairs and standing for periods. Optional refreshments or lunch might be arranged or members can make own arrangements

EVERYDAY ECONOMICS (NEW GROUP)

Alternate weeks, starting 1st week of each term; 10:00 – 11:30; Colehill Village Hall; Henri Ruff, hjer@zen.co.uk

Everyday Economics aims to make sense of the UK economy and the major economies of the world. No prior knowledge is required, only a keen interest, an open mind, and enjoying a discussion. Investment advice and crystal-ball gazing is not on offer.

FRENCH (GROUP 2 – SELF-HELP)

10:00 – 11:15; Liberal Hall; Paul Windwood, paulwindwood@gmail.com

This course is for those who can speak and read French at a basic level, have some understanding of grammar and would like to improve their fluency, vocabulary and grammar. Sessions are mainly informal, consisting of free conversation, reading texts and discussing topics, plus some essential grammar.

OUT AND ABOUT IN WESSEX

Weekly; alternating meetings in the Town Hall with visits to places of interest.

The Town Hall meeting are 11.00 – 12.00 while the visits are approximately 10.00 – 2.00 plus travelling time.; Janet Maul, janetmaul@me.com, 07482 203820

We meet weekly alternating meetings in the town hall with field trips.

The convenor does the group admin, but members take turns to present a topic and organise and lead the group visit the following week. All members have to do this once a year, but new members are excused for the first term!

We have had many interesting visits, including factories, breweries, museums and historical sites– in fact the range stretches from stately homes to a sewage works! We usually start our visits with coffee and finish with lunch.

Members need to have their own transport as some of the venues are off the beaten track, and the group does not organise transport. Members also need to be aware that many of the visits involve a considerable degree of walking and standing.

SHORT TENNIS (GROUP 3)

Alternate weeks, starting 1st week of each term; 9:15 – 12:00; Colehill Village Hall; Christine Tricks, cemtricks@icloud.com

If you would like to exercise gently, enjoy good company and play short tennis – then this is the group for you.

Suitable trainers should be worn. Racquets and balls are provided

WEDNESDAY P.M.

ART GROUP (SELF-HELP)

1:15 – 3:15; Wimborne Community Centre; Gill Turgoose, 01202 884231

A friendly group of leisure artists of differing abilities, prepared to share experience, thoughts and opinions.

BADMINTON (GROUP 1)

Alternate weeks, starting 1st week of each term; 2:00 – 5:00

Colehill Village Hall; Chris Letchford, 01202 883610, cletchford@aol.com

Looking for a fun way to stay active and socialise while improving your fitness? Come and enjoy the physical and mental benefits of playing badminton while meeting new people in a friendly group setting. We welcome players with some racquets sports experience, or anyone who has played in the past and would like to return. All you need is suitable footwear, a racquet and the ability to move with ease around the court.

DEMYSTIFYING SCIENCE (NEW GROUP)

2:00 – 3:30; Wimborne Family Hub; Stewart Bullen, swbullen@lycos.com

You may be interested in science and know a lot or you may think you know nothing but would like to find out. If science has always been a mystery to you or something you've thought was too hard, then perhaps you'd like to join this group and we'll see if we can change your mind!

The course covers a broad range of scientific topics with the intention of exploring them in a way that requires little or no previous knowledge or experience, hopefully making them accessible to everyone. Sessions start with familiar ideas and broaden out to discover what science can teach us about them. We might even do the odd experiment!.

FRENCH (GROUP 1 – SELF-HELP)

3:15 – 4:45; Liberal Hall; Nigel Allman, nbsallman@yahoo.co.uk and Chris Webb, chriswebb1942@gmail.com

This group is for those who can speak and read French at a basic level and are keen to communicate in French. We are a self-help group, the convenors having a purely administrative role, and are not teachers.

It is anticipated that all participants play an active part, including some preparation, to help every member improve their conversational skills in a relaxed atmosphere.

SINGING FOR FUN

2:00 – 3:15; Church House; Steve Johnston, sjohnstn@outlook.com and Alan Pickering, alanjpickering@gmail.com

Our aim is to have fun by singing together. We are a singing group, not a choir – we simply sing for our own enjoyment.

Anyone is welcome, whatever previous singing experience you may have. We sing a whole variety of songs and are always keen to hear suggestions from the group. Some songs will be accompanied by piano or a variety of other instruments, some have pre-recorded soundtracks and some are totally unaccompanied! Some of the songs are printed on handouts, and most are projected on to a screen. Anyone interested in joining us is welcome to come along any week to try us out!

THURSDAY A.M.

BADMINTON (GROUP 3)

10:00 – 12:00; Sturminster Marshall Memorial Hall, Churchill Close
Keith and Gillian Holiday, 01202 657124

We are an established sociable group of badminton players. We welcome new players with badminton experience wishing to return to the sport.

COMPUTERS

10:00 – 12:00; Convenor's home; Lynda Lake, 01202 887973

Summary of topics covered: Using your laptop, Kindle or tablet, with Windows operating systems. Individual help with everything from switching on, email, attachments, Internet, photos, word processing, spreadsheets, printing, replacing cartridges, making folders, backing up files, house-keeping to remove unwanted files and anything else you may need! Also help at your home with any topic.

KEEP FIT – ACTIVE (NEW GROUP)

Alternate weeks, starting 1st week of each term; 10:15 – 11:15; St Michaels Church Centre, Colehill; Kath Hollingworth, 07597 968077, kathhollingworth@yahoo.co.uk

These sessions to music are mainly standing exercises with some seated. They are fun and aimed at enhancing your cardiovascular health, mobility, muscle strength, flexibility, coordination, breathing, falls reduction and relaxation. Presented by a qualified exercise instructor, members will exercise at their own rate and will only do the exercises which are suitable, safe and appropriate for themselves.

Members will be provided with small weights/resistance band for the session also suitable for home use, with booklets, for which a one off payment of £20 for the whole year to cover costs to be paid at the beginning of term.

KEEP FIT – CHAIR (NEW GROUP)

Alternate weeks, starting 2nd week of each term; 10:15 – 11:15; St Michaels Church Centre, Colehill; Kath Hollingworth, 07597 968077, kathhollingworth@yahoo.co.uk

These sessions to music are mainly seated exercises with some standing if able. They are fun and aimed at enhancing your cardiovascular health, mobility, muscle strength, flexibility, coordination, breathing, falls reduction and relaxation. Presented by a qualified exercise instructor, members will exercise at their own rate and will only do the exercises which are suitable, safe and appropriate for themselves.

Members will be provided with small weights/resistance band for the session also suitable for home use, with booklets, for which a one off payment of £20 for the whole year to cover costs to be paid at the beginning of term.

MAHJONG (SELF-HELP, NEW GROUP)

10:00 – 12:00; Lion Hotel; Chris Letchford, secretary@wimborneu3a.org.uk

Mahjong is a game of skill, strategy and luck played with a set of decorated tiles. This is a self-help group for those who already have experience of playing Mahjong, however rusty, and would like the opportunity to play with others on a regular basis.

SHORT TENNIS (GROUPS 1 AND 2)

Fortnightly, alternate weeks; Group 1 9:30 – 12:30 and Group 2 9:15 – 12:15; Colehill Village Hall
Group 1 – Tessa Cordy, 07719 854808, tessa.cordy@talktalk.net and Katie Richards, katie-richards2@gmail.com Group 2 – Vivyan Pink, 07824 469755

Groups 1 and 2 run on alternate weeks.

Short tennis is played with a soft ball on a small indoor court such as a badminton court. The scoring is more like table-tennis with the first to get to 11 points. No experience is necessary. Trainers should be worn. Racquets and balls are provided.

SHORT WALKS (NEW GROUP)

Maggie Mikati, 07568 561437, the_awberys@btinternet.com

The walks will be on the 2nd Thursday of the month, meeting at 9.50 for a 10:00 start. The distance will be between 2 and 3 miles and will cover a variety of gentle terrains local to Wimborne.

Information regarding each walk will be sent by email the week beforehand. Other members of the group will be encouraged to suggest and lead walks.

THURSDAY P.M.

BRIDGE - SOCIAL (SELF-HELP)

2:00 – 4:30; Quarterjack Suite, Allendale Community Centre
Alex Roberts, 01202 841945, alexibadenoch@hotmail.com

We are a friendly group playing Chicago Bridge in an informal atmosphere. The accent is on playing among friends rather than on fierce competition. It is preferable to come with a partner, but it may sometimes be possible to match up with another person who has also come without a partner.

GARDEN GROUP

Various; Lynda Lake, 01202 887973

We meet every Thursday afternoon to visit mainly NGS gardens in Dorset, Wiltshire and Hampshire. We usually aim to get there about 3 pm and enjoy the different gardens and tea and cakes! Some gardens require a minimum of 10 people so we would welcome new members to widen the range of gardens to visit. We share transport which makes parking at smaller venues easier.

MEXICAN TRAIN (GROUP 2)

2:00 – 4:00; Convenor's home
Jeanette and Martin King, j-kingmak@talktalk.net

This group plays a dominoes-type game. Come and join in the fun of building your own train of linked dominoes and the shared Mexican train. It's easy to learn and can be quite exciting trying to be the first to use up all your dominoes

NEEDLECRAFTS

2:00 – 4:00; Members' homes; Maureen Edwards, 01202 882808

We take it in turn to meet in members' homes, bringing along whatever is in our workboxes – knitting, embroidery, quilting, crochet and anything else. You do exactly what you want and we all help each other, particularly with new projects when and if required.

PICKLEBALL (GROUPS 1 AND 2)

Alternate weeks, Group 1 starting 1st week and Group 2 starting 2nd week of each term; 1:30 – 3:30; Colehill Village Hall; Group 1 Heather Lowe 07765 833289, heather.lowemail@gmail.com and Jon Bunn 07956 017518, maestrojon@btopenworld.com; Group 2 Jon Bunn and Heather Lowe, as above

Whether you're looking for a new hobby, a way to stay active, or simply a reason to laugh with friends, Pickleball ticks all the boxes. Pickleball is a relatively new sport that is quietly gaining in popularity, and for good reason! Combining elements of tennis, badminton and table tennis, Pickleball is an exciting, social and easy-to-learn game that is suitable for all, and played on a badminton-sized court with a tennis net.

No experience is necessary and all equipment will be provided. Groups 1 and 2 run on alternate weeks. Trainers should be worn. So, if you want a fun way to stay active or a new beginner-friendly sport as a challenge, Pickleball might just be what you need!

POLITICS - THE LONG VIEW

Alternate weeks, starting 1st of each term; 3:00 – 5:00; Wimborne Family Hub; Ashley Rowlands, 07795 060408, ashleywrowlands@gmail.com

This programme is being run by two people, Geoff Pike and Ashley Rowlands, who love politics and political debate. It's intended to be wide ranging and take a more historical and comparative focus, looking at global as well as local political issues. The two of us will alternate as facilitators in discussing a topic. The format will be informal, and we are very happy to take suggestions for themes from participants. There may be a bit of bedtime reading to prepare for a session but nothing too arduous. All political views are welcome in a spirit of politeness and accommodation.

FRIDAY A.M.

BADMINTON (GROUP 2)

Alternate weeks, starting 1st week of each term; 9:30 – 12:30
Colehill Village Hall; Jean Watts, 01202 881335

This is a well established group, welcoming players with some experience of badminton, to sessions which are fun and not too competitive. The emphasis is on enjoying a social activity whilst improving fitness levels and coordination.

TALKS

Autumn and Spring Terms only

Talks coordinator: Janet Isaac, jisaac.sams@gmail.com

Our monthly talks take place during our autumn and spring terms. The talks are open to all members and visitors.

The illustrated talks are held in the Wesley Hall at the Methodist Church in King Street (opposite the back of the Minster) and begin at 10:30. Tea and coffee is available from the counter on the ground floor from 10:00. Cost is £2 for members and £4 for non-members. There is no need to book.

Talks planned for 2026–2027 are:

16th October	Martin Stewart	8 Generations, One Passion
20th November	Graham Short	My Life as a Micro-artist
11th December	Richard Hutley	Nikola Tesla, the Maverick Hungarian
15th January	Brian Pettit	Wildlife of the Jurassic Coast
19th February	Paul Sticker	The Porthole Murder
19th March	Darren Baker	Ringling 999. Whatever next?

THE FRIDAY ART GROUP

10:00 – 12:00; Allendale House; June Knighton, 07730 433234

Haven't painted since school? Then come and join us. We are a friendly self-taught group of mixed experience who enjoy painting using mediums and techniques of choice.

FRIDAY P.M.

CRAFTY STITCHERS (SELF-HELP)

2:00 – 4:00; Liberal Hall

Maggie Mikati, 01202 887813, the_awberys@btinternet.com

A very friendly, supportive and fun self help group. We share laughs, thoughts and skills whilst engaged in a range of needle crafts and projects. These include knitting, crochet, embroidery, tapestry, patchwork and anything else members bring along. Cups of tea/coffee and biscuits are included.

MEXICAN TRAIN (GROUP 1)

2:00 – 3:30; Convenor's home

Veronica and Andrew Patterson, veronpatt@gmail.com

This group plays a dominoes-type game. Come and join in the fun of building your own train of linked dominoes and the shared Mexican train. It's easy to learn and can be quite exciting trying to be the first to use up all your dominoes.

SCRABBLE

2:00 – 4:00; Allendale House; Anne Robins, 07770 310222

We are a friendly non-competitive group, learning from each other and enjoying our games. Whatever your level of play (beginner to expert, and all points in between) you will be welcome.

SATURDAY P.M.

LUNCH AND SKITTLES

Monthly, on the second Saturday of each month; 1:00 – 4:00

Penny Greengrove, 07772 793954, pennyfarthing103@gmail.com

Enjoy lunch (beer optional) and company at various pubs, within an hour's drive of Wimborne, and a game of social Skittles. No partners or teams needed as it will be individuals and not competing against each other, just there for an enjoyable afternoon. The cost will be the pub lunch.